DAILY WORD

A UNITY PUBLICATION

Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind

PRAYER FOR ILLUMINATION: I place myself in God's keeping and look to Him for wisdom. He steadies my thoughts and guides my way.

PRAYER FOR PROSPERITY: I place all my affairs in God's keeping. He satisfies my every need and fills my life with His abundant supply.

PRAYER FOR HEALING: I am secure forever in God's keeping. He fills my mind with peace and my body with vitalizing life.

DAILY WORD is nonsectarian. It is published monthly by UNITI SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI. Single copies at 20c each, a year's subscription is \$2. Braille subscriptions are sent free to the blind who are familiar with Grade 1½.

Second-class postage paid at Lee's Summit, Missouri.

Unity School publishes the following periodicals: Unity, Progress, Weeki Unity, Good Business, Daily Word, Wee Wisdom, Unity Sunday-School Leaflet, and La Palabra Diaria, at \$2 a year each. No additional postage charge for subscriptions to foreign countries.

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DAILY WORD

Edited under the inspiration of Silent Unity

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JUNE, 1959

No. 6

In This Issue

Without	A	Doubt-	-Ernest	C.	Wilson	-	-	-	2
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Poems:	Be	Still	and	Know-R.	H.	Grenville	-		-	12
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Trainiony—Enzageth Landeweer Cente	Harmony	y—Elizabeth	Landeweer		-	-	Center
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There Is A Light That Shines For You - - Back Cover

Cover-Drawing by Willard Elliott, Silent Unity Building

Center Photograph—Louis C. Williams

DAILY LESSONS FOR JUNE

- 1. Others
 2. Work with God
- 2. Work with God
- 3. Wholeness
- 4. Unbound 5. Children
- 6. Look Upward
- 7. Creation
- 8. Vacation
- 9. Patience
- 10. Flexibility
- 11. Love in Action

- 12. Self
 - Improvement
- 13. One Thing
- 14. Comfort
- 15. Justice
- 16. Today
- 17. Choice
- 18. Prosperity
- 19. Relaxation and Healing
- 20. Co-operation

- 21. Express Love
- 22. Serve Christ
- 23. No Anxiety
- 24. Faculties 25. God's
 - Expression
- 26. Enduring Truth
- 27. My Own
- 28. Thinking
- 29. Peace
- 30. Eternal Life

Without A Doubt

ERNEST C. WILSON

THE Unity faith is a return to the essential element of Jesus' teaching. This is why it is simple and helpful. At times forms and ceremonies may have hidden the most precious thing that Jesus had to share with us; that is that we should be like Him. He taught not simply that we should love Him as indeed, knowing Him, we could not fail to do; not simply that we should worship Him, but that we should worship God in His name and Spirit; that we should do the things He did and that we should express His nature. The thought that we are separated from Him by an impassable gulf of guilt and condemnation and sin seems too great a burden for us to continue to carry with us, and it is unlike the nature of Christ. Jesus made no separation between Himself and others. When He offered His immortal prayer that we call the Lord's Prayer, He did not say "My Father" or "Your Father" but "Our Father," acknowledging the common sonship.

This is the real truth about you, my friend; about all of us. Though in the temporal sense we are children of earthly parents, in the eternal sense

we are spiritual beings. We are clothed with a body garment, which is the product of human life and associations, but essentially we are created in the image and likeness of God, who is Spirit. We are spiritual beings. Spirit is the real, true self of us, more wonderful and mightier than any of us has ever expressed. Our Lord, Jesus Christ, was the supreme example of this nature, the Way-Shower and the Way!

Without a doubt Jesus was the Son of God! As I write this, I have no doubt that Jesus was the Son of God, and it is significant that Jesus Himself had no doubt that He was the Son of God. Because He had no doubt of the power of God within Him, He performed wonderful works of healing for others. "I can of myself do nothing." "The Father abiding in me, doeth his works."

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He had no doubt that He was a son of God. He had no doubt that others were sons of God as well. Can we say "without a doubt" that we are sons of God? Then, without a doubt we can heal and be healed; we can do wonderful works.

He lived with such magnificent courage, with such great compassion! He lived not only with great knowledge but with great wisdom, which is a very different thing. With great empathy His heart reached out to others, and they could not fail to respond to Him.

Just the reaching out of that great heart of love seemed to perform miracles: the deaf gained their hearing; the lame walked straight again; the blind regained their sight. Those who carried heavy burdens of sorrow and suffering in their hearts found liberation and freedom through the magic of a love that can only be called divine.

In this sense our Lord Jesus was divine. But let us not forget that He was divinely human, too. Sometimes it appears that between Him and us there is a great gulf fixed that we can never pass. But it is helpful for us to remember that Jesus was, in like manner as we, tempted in all things.

He had a wonderful sense of humor, almost overlooked, perhaps, because the shortest verse in the New Testament is "Jesus wept." If we do not remember any other passage, most of us remember that one. So the fact that He wept on one occasion seems to typify Him to a great many

people.

Yet, people loved to be with Him; little children thronged around Him. Have you ever known little children to want to be in close association with anyone who was dour and sad? Not at all! Men, women, and children of all degrees and estates, of all ages, thronged around Him. So much so that sometimes, you remember, He had

to get into a boat and go out on that troubled little Sea of Galilee with a couple of His apostles, usually Peter and John, and there He would renew His energies and His faith.

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He was known as the Christ, which is a title, you must remember. Was He the very Son of God in a different sense from other persons? Let us leave that to individual faith and let us realize, if we can, that Jesus represents a divine pattern by which to live; that the Christ nature in man is the power that enables us to do this.

When Paul wrote to the Romans about a mystery that had been hidden from man through all the ages and which he then proclaimed, "Christ in you, the hope of glory," he revealed one of the most stupendous truths that can come to us who have been reared in the thought that we are worms of the dust, conceived in sin, and brought forth in iniquity; that the curse and sin of Adam are on us all.

Take courage and faith, new life and resolution, determination and joy in Paul's message, "Christ in you, the hope of glory." Christ in you! Is this too much for us to believe? Too much for us to accept, to comprehend? Then, let us say, in degree—as we give ourselves, as we yield ourselves to the realization of God's presence and power in us with thoughts and words and acts

of love, with lessons learned, with challenges overcome—that we come step by step a little nearer to the embodiment of the divine concept of the only begotten Son of the Father, which is the Christ man.

Jesus would not have emphasized as He did the nature of our oneness with Him, and commended us to be like Him, if it were not possible for us to be like Him. For Jesus was not deceiving mankind. There has never been anyone in the world so sincere, so devout, so consecrated as our Lord Jesus, which makes Him indeed, the Saviour of the world.

The Saviour of your world and mine too, if we believe in Him and what He said enough to seek with all our heart to be like Him. So it is good for you and me and all mankind to go on a quest for the Christ. Finding the Christ is the most rewarding experience that can come to mankind! It is the great hope of the world! The unifying, healing panacea for the ills of mankind is that you and I shall recognize the good in one another, the good in people of good will in all races and places and times; recognize that there is no barrier of separation and there is no condemnation to them that are in Christ Jesus.

What does this mean, to be in Christ Jesus? Perhaps it means something a little different to

people of different forms of faith. But I think we are in Christ Jesus when we open our mind and heart to the feeling of His presence, to the love of His words to such a degree that we do not think, "Oh, that is very nice but it happened a long time ago and far away and, of course, He was born differently from us: He died differently: He was conceived differently from us." These are excuses. Think of the things we have in common with Him! Look for things that are like Him in the people you meet. Look for the innocent and wide-eyed wonder in the eyes of little children and it will make you think of our Lord Jesus long ago when He stood in the Temple at the age of twelve and amazed the teachers there by His childish wisdom.

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When you see little children learning to use their bodies, learning to handle things efficiently; when you see their efforts growing into surety, self-mastery and poise—think of one born long ago, so humbly and simply in an obscure little village, who, by His consciousness of the presence of God in Him, did things and spoke words that amazed the world, words that have lived for two thousand years.

We see the lines of patience and courage and faith that are drawn on the faces of people of mature years and we think, "What a wonderful time of learning and growing; what a great privilege it is to serve those we love, and learn to love those whom we serve." We think of one who thought not of Himself but reminded us that he who was to be greatest in the kingdom would learn to serve, not simply for self-aggrandizement but because it was Godlike to do so. Because, in the nature of God He gave Himself completely, we have the supreme example.

So that wherever we go, whatever we are doing, by the grace of God it is possible for us to find something of the nature of the Christ in every individual—man, woman, and child. It is possible humbly to find that nature in ourselves and to cast off the burden of past shortcomings and mistakes, for God holds us under no condem-

nation.

We are very hard on one another and on ourselves. There is no cataclysm of nature that has ever caused as much war and suffering in the world as man's inhumanity to man. Perhaps someone asks, "Why are there cataclysms in the world anyway, if God is a God of love?" Well, God did not put us in a world that is all finished and complete perhaps, because He wanted us to serve with Him, to have the experience of growth and expression, actually almost to have the experience of creation so that we, too, have a part in the

evolution of the world, the evolution of human nature.

In every one of us there is a potential Christ awaiting expression. "Christ in you, the hope of glory." Take this deeply into your own heart and life. Do not be afraid that God will condemn you. God never condemns anyone for anything. He never punishes us. He is always forgiving and loving. As I said, the very moment we turn to Him, lo, He is there. God is never more than a thought away.

When you think of Him, when you think of Jesus, it is possible that He can become more real to you than any person you see with your human eye, because in Him you find the fulfillment of

all you long to be.

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How can it be that God has put so deep and high and wide an aspiration in the heart and mind of man and yet we lag so far behind? When we think about Jesus and the great majesty of His life, His courage and understanding, His love and faith, we think, "Oh, I would like to be like Him!"

But then, before we have even completed the thought, we often cancel it out by saying, "Oh, this is impossible. I can never be like Him!" Who told you that you never could? Where did that thought come from? Not out of the mind and

heart of God, not out of the mind and heart of our Lord Jesus, for He pleaded with people to do as He did. And what did He do? In all things He turned to the Father. He urged men to love God and to love their fellowmen, and His message was simple and forthright.

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What could be simpler than Jesus sitting on a hillside sharing the wisdom of His love and insight and understanding with people gathered around Him at His feet, perhaps asking Him questions. On one such occasion they were so entranced by the beauty and power and comfort of His words that they forgot all about their human hunger until it was way past mealtime, you remember! There were only a few loaves and fishes that a little boy had in a basket. Jesus commanded the apostles to break and share these and lo, there seemed to be abundance for all-and then some! There are various explanations of this, but you know what the real one is: that every man, woman, and child hungers and thirsts after righteousness. When we hear words of Truth that are spoken with deep devotion, deep sincerity, deep love and wisdom, something in us is fed that bread and fishes would never supply, that no material thing in this world could supply. We are nurtured and strengthened by the power of God's spirit in the inward man.

Trust in God and the right outworking. Certainly you will find challenges! We always find challenges along the way when we attempt any step in advancement. Each step has to be taken on faith. Most of the things that have been brought forth by way of invention and discovery have been declared impossible, certainly ridiculous, even insane, before they happened. Afterward everyone wondered why they had not happened before, why it took so long. But somebody had to have enough faith not only to believe, but to give himself to the project utterly and completely; so much so that he would forget the time of day, forget to eat, forget the human associations, forget everything, for a time, in his wholehearted dedication to some good thing.

When we discover the presence and power of God, which is finding the Christ, because God in mankind is the Christ nature awaiting its fulfillment, this discovery does not contract our life. It does not shut us off from other people. It makes us more aware of them than we ever have been before. It makes our human relationships more pleasant, more joyous, more agreeable, more satisfactory than ever before. And to express this idea we have a little silent prayer we sometimes say in Unity: "The Christ in me greets the Christ in you and we work together for the glory of God!"

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Be Still and Know

R. H. GRENVILLE

Be still and know that I am God:
The Rhythm of your heart's pulsation,
The radiant Life in every cell,
Your Substance and your Inspiration,

I am the Wealth that fills your need, The Love that heals and makes you whole; The Wisdom that, if you but heed, Will lead you to your dearest goal.

I am that Peace the world desires, But cannot give. I am not far. My Strength within you never tires, My Light is your unfailing star.

No longer seek, no further plod!
We are not alien, nor apart.
Be still and know that I am God,
And that My kingdom is your heart.

I SEE THOSE FOR WHOM I PRAY AS SPIRITUAL BEINGS, AS CHILDREN OF GOD.

ow is spiritual help given? It is, of course, given through prayer. But first and foremost it is given through enlightened prayer, understanding prayer. It is the prayer, not of agony, but of faith. It is the prayer, not of beseechment, but of belief.

Would we pray effectively for another? Then our prayer must be a clear realization of the power and the presence of God in the one for whom we pray. Rather than pray, "God, change him," we pray, "God, reveal Thyself in and through this one." Our prayer of faith for another clears our own vision and removes from before our eyes the illusion of lack, limitation, weakness, or sin, and we see the one for whom we pray as a spiritual being, as a child of God. We see him in the true light, and our seeing him this way is a blessing to him. Such a prayer heals and uplifts our heart and reaches to the very heart and soul of the one we would help.

The Spirit of the Lord is upon me...

He hath sent me to proclaim release to the captive.

—Luke 4:18.

Tuesday

ALL THINGS ARE WORKING TOGETHER FOR GOOD, AND I AM WORKING WITH THEM IN THE WISDOM AND THE POWER OF SPIRIT.

ALL THINGS do indeed work together for good, but much more quickly, much more easily when we work with God rather than just drift along hoping for the best.

To work with God is to be awake to the spiritual power that is within. To work with God is to be truly aware of His presence at all times, in all circumstances. To work with God is to welcome new aspects of life, to go forward, to rejoice in change, to find life stimulating and exciting. To work with God is to discover something worthwhile in every task, and to see life in its wholeness and continuity. To work with God is to move with certainty toward ultimate good.

As we are willing to let God work through us, as we are willing to work with Him, everything we do takes on significance and meaning and purpose. We gain a sense of right direction and we follow a pattern of steady and upward spiritual growth.

• We know that to them that love God all things work together for good.—Rom. 8:28.

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Wednesday

I AM IN THE MIDST OF GOD'S HEALING, HAR-MONIZING PRESENCE, I AM MADE WHOLE!

OD's life-giving presence is within, without, around, and about me. Holding to the idea of perfect health as the reality of my life, I can feel God's presence actively harmonizing my mind and my body.

God's life-giving presence is within, without, around, and about all His children. I hold to this idea of perfect health for all persons. In faith I claim wholeness for everyone who needs to realize

that he is whole.

I do not think or say that I am sick or that other persons appear to be sick. I remember that God's life-giving presence is within, without, around, and about us. I think only positive, constructive, life-giving thoughts. I speak only words of health and harmony.

Just as I feel the loving presence of someone near and dear to me, it is within my power to feel the touch of God's loving presence. I feel that I am in Him, and He is in me to heal and to harmo-

nize. I am made whole!

♣ If I do but touch his garment, I shall be made whole.
—MATT. 9:21.

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WITH TRUST IN GOD I "PUT OUT INTO THE DEEP."

by bonds we cannot see. Perhaps we are tied by the shackles of lethargy, soft but irrevocably binding, keeping us from our proper action and service. Perhaps we are bound by fear, great, high, seemingly unscalable walls of fear. Perhaps we are simply held in bondage to negative beliefs. We forget that "with God all things are possible."

Some of us put a limit on the number of times we will make an effort, as the fishermen did long ago in Galilee. They had toiled all night, caught nothing, and lost faith. Jesus commanded Simon: "Put out into the deep." "At thy word I will let down the nets," Simon answered. "And when they had done this, they inclosed a great multitude of fishes; and their nets were breaking."

We "put out into the deep" and "let down the nets" by our trust in God, by our sincere prayers, and by following the command of the indwelling Spirit. Then we find life filled with good beyond anything that we could have believed possible for us.

[•] Put out into the deep .- LUKE 5:4.

GOD IS MY HELP IN EVERY NEED.

At THIS season of the year many school children are starting vacations, and they are faced with new problems. There will be a large group in special need of prayers for protection; another group will need prayers for a few months' employment; still others will need prayers to be led into interesting, worthwhile activities.

After we use today's prayer for ourselves, let us think of these children. God is their help in every need. He is their help in solving each problem. He works through parents, friends, counselors, and the ones in charge of the young folks. He works through the children themselves. He is their protection, their prosperity, their inspiration, their joy.

Whether we have youngsters of our own or whether our prayers are extended to the youngsters of relatives, friends, acquaintances, neighbors, or to young folks in general, let us know that today and each day—God is their help in every need!

Having therefore obtained the help that is from God, I stand unto this day testifying.—ACTS 26:22.

Saturday

I LOOK UPWARD FROM ALL APPEARANCES OF LIMITATION TO THE PROVIDING SPIRIT OF CHRIST.

REMEMBER that by keeping his eye on Jesus, Peter was empowered to walk upon the waves. I remember how Nebuchadnezzar lifted up his eyes unto the Lord and his demolished world was completely rebuilt. I recall that when Pharaoh drew nigh to the Children of Israel they were afraid, but they "lifted up their eyes, and . . . cried out unto Jehovah," and they were delivered.

I remember the commandment: "Look unto me, and be ye saved." So I lift my eyes from all appearances of lack and limitation and I look to the Spirit of God in man, to the Christ. No matter how desperate, how alarming outer circumstances seem to be, I keep my spiritual sight focused on the Christ, through whom my deliverance comes.

If I have thought my wisdom and intelligence limited, if I have thought my life and vigor limited, if I have thought my prosperity limited, I now look to the providing Spirit of the Christ and I am free from all limitation.

[♣] Look unto me, and be ye saved.—IsA. 45:22.

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Sunday

FATHER, I LOVE YOUR CREATION. I APPRECIATE IT, I ENJOY IT, I GIVE THANKS FOR IT.

ATHER, I love Your creation. I open my mind and heart to the beauty and wonder that surround me on every hand—the splendor of the sun and the moon—the unfathomable reaches of the starry heavens—the mountains, the rivers, the plains—the grass, the trees, the flowers, the birds, the animals, and above all my fellow man.

Father, I love Your Spirit of life that moves in and through all, the great things and the small. I realize that all creation is the expression of

Your living, loving, joyous Spirit.

My mind and my heart join in an endless song of praise and thanksgiving for the privilege of being a part of Your great universe of good. All through this day I will appreciate Your creative handiwork. I will take time to enjoy the marvelous creation in which You have placed me and I will give thanks to You for the gift of Your beauty and the ability to appreciate and enjoy it.

The heavens declare the glory of God;
And the firmament showeth his handiwork.

—PSALMS 19:1.

Monday

I LET THE SPIRIT OF GOD IN ME GUIDE MY VACATION PLANS.

Y VACATION will be a wonderful, refreshing time of renewal for me if I let the Spirit of God guide my vacation plans. If I remain at home, God's wisdom will help me fill every moment with whatever I need the most. If I need rest, I will relax and be renewed and revitalized. If I need stimulating, interesting experiences, God's Spirit of joy will provide these for me.

If I am going away, the Spirit of the Lord will go before me. His inspiration will reveal to me where it will be best for me to go, and how it will be best for me to travel. His wisdom will guide me in all my preparations. God's love, expressed through me, will attract to me all the persons and situations that will assure complete enjoyment.

No matter how I use my vacation time, it will be a wonderful, safe, refreshing time of renewal. With God's Spirit to guide every step of my way, at home or afar, on land, on the sea, or in the air,

my companions will be joy and beauty.

♣ He shall prepare the way before me.—MAL. 3:1.

EVERY GOOD DESIRE OF MY HEART WILL BEAR FRUIT WHEN I "LET PATIENCE HAVE ITS PERFECT WORK."

growing thing, so there is, also, the right season for the fulfillment of the good desires of my heart. When I know this I earnestly attempt to "let patience have its perfect work."

When I try to force a situation, when I complain because things are not working out as I feel they should, when I become cynical because my efforts are blocked, when I am discouraged and unhappy, I am throwing the weight of my thinking on the side of negation. When I pray first about every situation, when I bless the outworking of the things with which I am concerned, when I maintain an expectant attitude, when I keep my courage high and my heart happy, I am placing the weight of my thinking on the side of the positive. It is by being patient that I am enabled to rightly place the power of my thought.

I remember that God loves me. He is with me. I work with Him in patience, and every good desire of my heart bears fruit in its right season.

[♣] Let patience have its perfect work.—JAMES 1:4.

Wednesday

I AM FLEXIBLE. I ALLOW THE CHRIST SPIRIT WITHIN ME TO INCREASE.

JOHN THE Baptist acknowledged the greater power of the Christ Spirit when he said of Jesus, "He must increase, but I must decrease." Knowing that it is the Christ in me that must increase, I make a sincere effort to be flexible in every situation and under every circumstance. This flexibility allows me to keep an open mind. When my mind is flexible, when I am non-resistant, I do not sacrifice principles, but rather

I gain in spiritual stature.

Flexibility allows me to let the Christ Spirit increase in expression. When I am flexible, I am free from the set personal opinions that make it impossible for me to see another person's view-point. When I am flexible, I am free from any thought that I alone have a right understanding of, and answer to, a problem. When I am flexible, I am free to weigh the opinions of other persons, to consider their thoughts, and to allow them to follow the dictates of their own indwelling Christ. When I am flexible, the Christ is freely expressed through me.

♣ Teach me to do thy will.—PSALMS 143:10.

Thursday

I LET THE LOVE OF GOD BE RELEASED IN AND THROUGH ME. MY LIFE IS LOVE IN ACTION.

E TALK much about love, but all too often love is an abstract quality that we define but do not express. We need to relate divine love to our human relations, to our personal life, to the way we feel, think, talk, and act. We need to consider love not as a noun, but as a verb, as an active quality in life.

If we are filled with feelings of irritation, if we are critical or condemning of others, if we blame them for our unhappiness, we can reverse the picture, we can bring everything into focus by pouring out divine love. Sometimes we think that what we want more than anything in the world is to have others love us, but our real desire is to express the love that is within our heart.

As we let the love of God be released in and through us, then our life becomes love in action. Love steps out of the abstract and becomes a living part of us. We discover that to love is to be:

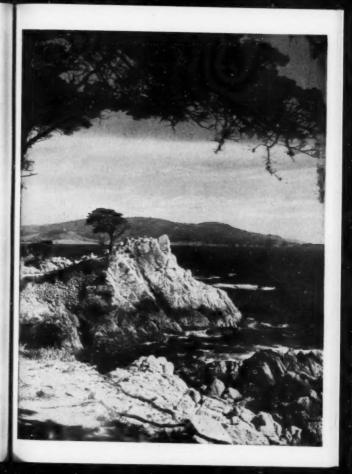
to be is to love.

A The love of God hath been shed abroad in our hearts through the Holy Spirit which was given unto us. -Rom. 5:5.

HARMONY

ELIZABETH LANDEWEER

I stand today beside the sea. And hear the ocean roll. And all is one vast harmony, An anthem of the soul. The rocks, the seaweed, and the sand, The little sky-blue cove, The sunlight falling on my hand, Are all a song of love! What poet but Almighty God Could breathe this world to birth, Could sing green verses into sod, And rhyme the roots of earth? What poet but immortal Faith Could make a man like me. Could live in him and give him breath, And say unto him: "Be!" What poet but eternal Truth Could hide Himself so well-Be winter wisdom, April youth, Be flesh and ocean shell. Be lowly dust, be star and tree, Be gull that soars above. And blend and be the harmony? None but the highest Love!



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Friday

WHEREVER I AM, GOD IS. KNOWING THIS, I MAKE THE MOST OF MY OPPORTUNITIES FOR SELF-IMPROVEMENT.

HEREVER I am, I know that God is with me. Whatever the conditions of my life, I endeavor to accept them with grace, trusting God to guide me in making the most of

every opportunity for self-improvement.

If the work I am doing does not especially interest me, I nevertheless do it to the best of my ability. Where I may have spent time day dreaming or perhaps being envious of other persons, I now become engrossed in what is before me to do. I keep in mind that God is in charge of my life and affairs and I am working with Him.

If my disposition needs improving, I will make a conscious effort to be pleasant, agreeable, and co-operative with my employers and with my co-workers. If I have formed dilatory habits, I will diligently try to improve the quality of my work. Because I know that wherever I am God is, I am assured that as I make the most of my opportunities for self-improvement I will be successful.

[•] I will . . . open you the windows of heaven, and pour you out a blessing.—MAL. 3:10.

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Saturday

"ONE THING I DO."

AVE YOU ever found yourself interested in so many different things that you were not giving the proper thought or time to any one thing? In such a situation we feel frustrated and torn; we feel that we are not accomplishing anything. We feel that we are a failure. When we have this experience let us regain our proper perspective; let us set ourselves right by taking a new stand. Let us take this stand, "One thing I do."

As we pray to know which is the one thing that we should give our energies to, as we pray to let first things be first, we will no longer feel the pull of too many different interests. We will find we are able to finish one thing before we become involved in another thing. We will find that we will gain a deep sense of satisfaction from our attainment of one aim and one end. Then we will be ready to take up a new interest.

As this idea, "One thing *I do*," becomes a part of us, we will discover that we are reaping a reward for our diligent application to one interest.

But one thing I do .- PHIL. 3:13.

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I AM COMFORTED BY THE KNOWLEDGE THAT WE ARE ETERNAL BEINGS IN GOD.

omfort for the heart, peace for the soul come from God. When we need it most, we are the most immediately aware of the strength of God upholding us. When we need God most, we find that He is with us, the sustaining power that we seek, the peace for which

we pray.

"Blessed are they that mourn: for they shall be comforted." Let us remember these words of Jesus when we meet with loss or bereavement; let us remember these words when we would comfort someone else. To be comforted is to be filled with peace and joy again. Comfort is a positive word. We are not merely to be able to bear a loss; we are to be renewed; we are to find the courage to face life and to take up the tasks at hand with a happy heart, a heart that knows that God is life, that He is in all and through all, that always and forever His good plans and purposes are being fulfilled. We are comforted by the knowledge that we are eternal beings in God.

[◆] Blessed are they that mourn: for they shall be comforted.—MATT. 5:4.

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Monday

THERE IS ONLY JUSTICE, FOR GOD'S LOVE SETS ALL THINGS RIGHT.

As I KEEP my faith steadfastly fixed on the harmonizing spirit of divine love, that love finds its way into my affairs. All misunderstandings, all hurt feelings are dissolved. I do not concern myself with the question, "Why did this happen to me?" I remain poised, calm, and trusting, for I know that the adjusting power

of God's love sets all things right.

The spirit of God in me and the spirit of God in those with whom I come in contact constantly works in and through us, so that we act in a just and right way. The spirit of God working in us does not allow us to do anything that deprives another person of his good. The spirit of God working in us attracts to us only just and right treatment. All our dealings are fair and honest. We treat other persons as we would like to have them treat us. We give justice and we expect justice.

There is only justice for me and for everyone, for even now God's love is in the process of set-

ting all things right.

A Righteous and true are thy ways.—REV. 15:3.

Tuesday

I LIVE IN THE PRESENT.

LIVE in the present. Yesterday is past. I live today. I now bless and release all the things that were a part of my experiences yesterday. I am open and receptive to the new and wonderful experiences this day holds for me.

I live in the present. I now bless and release all concern for the future. I live today. I know that I need not be concerned about tomorrow if I live

today fully, richly, and lovingly.

I live in the present. I give my best to the people I contact today. I do not grieve for those who were once a part of my life. I do not place my hopes for happiness on the people I might possibly meet at a later time. I enjoy and share the blessings of life with those I am with today, the ones I live with, the ones I work with, the ones I share my leisure with.

I live in the present. I accept the opportunities, the companionship, the blessings, and the chal-

lenges of this moment.

I live in the present.

This is the day which Jehovah hath made;
We will rejoice and be glad in it.

—PSALMS 118:24.

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Wednesday

THIS DAY I CHOOSE TO IDENTIFY MYSELF WITH THE GOOD.

ACH DAY presents many opportunities to identify ourselves with the good. Constantly we are called on to make our choice and we identify ourselves with the things that we choose.

When we choose to align ourselves with God, the good, we find life outpicturing greater blessings than we have ever realized: health, wisdom, love, courage, justice, peace, and prosperity.

When we choose to see ourselves as God sees us we are able to move victoriously through any circumstance. We have confidence in ourselves, our fellow men, and our world. We hold no limiting thoughts regarding another person's progress, and neither are we bound by another person's thoughts of limitation concerning us.

We should never hesitate to seek, to know, and to identify ourselves with God, the good. This day and every day let us choose the good, and identify ourselves with God.

[•] And the work of righteousness shall be peace; and the effect of righteousness, quietness and confidence for ever.—ISA. 32:17.

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GOD PROSPERS ME BECAUSE I AM WILLING AND OBEDIENT.

OD-MIND is the source of my ideas. My mind is open to divine ideas through prayer and meditation. As I make myself receptive, as I listen in prayer, I am spiritually quickened to receive clear, unclouded guidance. I know the outer steps to take and I obediently work with the ideas that come to me.

God is the source of all power. Because I am a channel for God's power, I am able to put into action the ideas that are God-given. I am able to do those things that I should do and I do them in order, with efficiency, poise, and good will.

God is the source of my prosperity. I draw on this source for substance. Then, the supply I need

for daily expenses takes tangible form.

I begin my day with prayer. I am willing and obedient. I go forward with unquestioning assurance that it is God's will for me to be prospered. He is the source of my prosperity. He is the source of my ideas and He is the source of the power to put those ideas into effect.

[♣] If ye be willing and obedient, ye shall eat the good of the land.—Isa. 1:19.

FATHER, I RELAX; I LET GO AND I LET YOU HEAL ME.

HERE IS no inharmony beyond the power of God to heal. No matter what the condition, no matter how long it has been active, God's Spirit is in man ever ready to set him free and heal him.

To be set free and healed, we must first realize that what God does for us He must do through us. Our body is the temple of God; His Spirit is in us. His Spirit working in and through every nerve and cell in our body does the healing.

If we are fearful, tense, or anxious, we block the channel through which God works. We must release these attitudes of mind and let them go; then we make ourselves open and receptive so that God can do His perfect work in us

that God can do His perfect work in us.

Relax and let go, praying: "Father, I let go and I let You heal me. I let go and I let You heal me. I let go all fear, tension, and anxiety, and I let You do Your perfect healing work." Then give thanks to God that He has heard you and is at work in you bringing about your perfect healing.

[•] Know ye not that ye are a temple of God, and that the Spirit of God dwelleth in you?—I Cor. 3:16.

Saturday

LOVING FATHER, TEACH ME TO WORK IN HARMONY WITH OTHERS, TEACH ME TO BE CO-OPERATIVE.

ODAY's prayer will help me to become established in the spirit of co-operation. In every situation that arises, I will look for that with which I can come into agreement. In every discussion I will keep an open mind. I may not always agree wholeheartedly with the way other persons solve problems or settle questions. But I will not make these things a matter of personal objection.

If I find myself in the minority part of a group and the majority prefers one solution to a problem, I will realize that none of us can have his way all of the time. All of us must learn to subordinate our personal wishes for the harmony and happiness of the group. I will lovingly release all feeling of resistance, and bless the situation. Life is a give-and-take activity, and I pray: "Loving Father, teach me to work in harmony with others, teach me to be co-operative."

Behold, how good and how pleasant it is For brethren to dwell together in unity! —PSALMS 133:1. ıt

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I EXPRESS MY LOVE AND AFFECTION IN WAYS THAT CALL FORTH A HAPPY RESPONSE.

ANY TIMES we hold a great deal of love and affection in our heart for a certain member of our family or for a friend but we do not know how to express our love and affection. The very thought of putting our love into words embarrasses us. So, we say to ourselves, "He knows that I love him." But, how good it is to be assured of the love another person holds for us!

Words are not always necessary; actions speak louder than words. We can do things—little things—that will convey our love. We can perform thoughtful acts, acts that do not require much time, just our consideration.

Let us do some of these things; let us perform some of these acts today. As we pray about how we can best express our love and affection, ideas will come to us; ways will be revealed. We will find that the happy response called forth through the expression of our love is well worth every effort that we make.

[♣] In love of the brethren be tenderly affectioned one to another.—Rom. 12:10.

Monday

I WILLINGLY, LOVINGLY, AND HUMBLY FOL-LOW THE CHRIST SPIRIT AND I GO FORTH TO DO GOOD WORKS.

HEN JESUS chose His twelve apostles He chose men who were willing to give up not only old ways of living, but also old ways of thinking, in order to follow Him. Jesus chose men who were humble and teachable because He knew it would be easier for them to accept this entirely new way of thinking and living.

Even today the Christ is choosing disciples or persons who love Him enough to give up old attitudes and prejudices and old ways of living that are not beneficial. You and I can be His disciples by being humble and teachable so that He can instruct us in the Truth that makes men free.

Let us let go of all that limits us so that we can be His disciples, enter into life, and do good works in His name. As we live in this way, others will catch a glimpse of what it will mean to them to follow the Christ; others will be inspired to let go the lesser for the greater.

[♣] If any man serve me, let bim follow me.—JOHN 12:26.

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TODAY I OBEY THE COMMAND OF JESUS: "BE

ODAY I make a special point of following one of the greatest commands ever given to mankind. I resolve to obey Jesus, for I realize that He meant what He said, "Be not anxious."

No matter what I may be called on to meet and handle, I will remember, "Be not anxious." Whatever I find myself thinking about, I will think about it without anxiety. Even if an unexpected challenge arises, I will follow this rule, "Be not anxious." I can and I will obey this command.

I have within me the all-knowing, all-loving, all-mighty Spirit of God. God's Spirit works in and through me and makes all experiences in my life turn out right. There is no room for worry, there is no time to indulge in negative reactions. There is only room for love in my heart; there is only time for positive words and constructive action. If I feel myself becoming tense, if I am tempted to worry, even a little bit, I will relax, turn to God in prayer, and I know through my faith I will regain my poise and my confidence.

Be not anxious .- MATT. 6:25.

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Wednesday

I BLESS MY FACULTIES, AND MY FACULTIES ARE QUICKENED TO BRING ME A BLESSING.

BLESS my faculties, for I realize how important these powers of mind and body are to happiness and continued unfoldment. A right use and a right functioning of my faculties

assure me of a sustained interest in life.

You have heard people say, "I would not mind growing old if I could maintain my faculties." But the truth is that as long as our faculties are quick of response, as long as they do their work properly, we cannot grow old. When our eyes see the possibilities around us, when our ears are attuned to the rhythm and harmony about us, when our voices express the love and the joy that are within us, when our memories are alert and active, we are young, no matter how many years we may have lived.

Éach of us knows the special faculty or faculties that need to be quickened in him. Let us use today's statement for this quickening, making the statement specific and pertinent by mentioning the faculty or faculties. As we do this, we feel a won-

derful response in our mind and body.

♣ I awaked; for Jehovah sustaineth me.—PSALMS 3:5.

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I AM GRATEFUL FOR THE HONOR AND SERV-ICE OF BEING AN EXPRESSION OF GOD.

IGNITY of the soul comes to the individual who stays close to God in communion, faith, and works. Richness is experienced. It is a richness that cannot be evaluated, it consists of wealth that is eternal. Health is expressed. It is a health that is not limited by age, inheritance, or environment, it is a health that is everlasting. Order is felt. It is an order that establishes right personal relationships, an order that reaches out into all relationships, even between nations. It is a divine order.

The individual who knows that his commission is that of being an expression of God is aware of soul dignity, and he does everything in his power to maintain this dignity. He prays without ceasing. He goes God's way, constantly guided by Him. He is ever aware of the blessing of God's nearness. He knows fulfillment in his expression of God through loving service to his fellowmen. His heart rejoices, for he finds himself acceptable to God.

[•] He that . . . worketh righteousness, is acceptable to him.—Acts 10:35.

Friday

MY LIFE IS ESTABLISHED ON THE FIRM FOUN-DATION OF TRUTH.

OD ENDURES forever. Truth is for all time, for eternity. Knowing this, I cannot be upset by any change that comes into my life. I see all change as an outworking of good. I have only to be constant in prayer, steadfast in thinking, speaking, and acting in accord with Truth, and the good that is in every change will be revealed to me.

Change is a challenge to be met with joy and faith. When I meet change in this way, it is a

happy, exhilarating experience.

If I am dissatisfied and long for change, then I need to clear my mind and heart through prayer, so that good changes can be brought about in my life. I must be steadfast in my faith when things do begin to change. I must be unafraid and at on God's guidance without hesitation.

The changes that come into my life serve to bring me closer to the goodness of God. They help me to find and enjoy the truth of my being and to be established on a firm foundation.

♣ But the word of the Lord abideth for ever.—I PETEI 1:25.

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UNDER DIVINE LAW MY OWN GOOD COMES TO ME EASILY.

HE FEAR that someone else can keep our own from us, that someone else can usurp our place, our position, or the fear that someone can take away from us the love of another person for us, is an underlying cause of jealousy, unforgiveness, bitterness, and lack of love.

To be at peace in our mind, to feel at home in life, at home with ourselves and others, we need to know that no one can take our place or usurp our good. We need not be afraid of losing what we think of as our own. What is our own will not, cannot leave us. But sometimes, because we try to hold on to that which we think we want, we actually close the door to the greater good that God is trying to bring into our life. We cannot lose our own; we cannot lose our good. The fact is that most of us have not begun to realize the great good that can be ours if we but open our heart and mind and life to God, our source, and let His Spirit find expression in and through us.

[•] For God gave us not a spirit of fearfulness; but of power and love and discipline.—II TIM. 1:7.

Sunday

I WILL THINK ON THINGS OF GOOD REPORT.

PAUL HAS given us one of the most powerful statements that we can use: "Finally, brethren, whatsoever things are true, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things."

Here is the secret of goodness! Minds set to this high level of thinking are in the realm of

good thoughts, God thoughts.

With ease we set our cars to do what we want of them, either by a push button arrangement or by a guide at the steering wheel. With as much ease we can set our mind to "think on these" constructive ideas mentioned by Paul, rather than on negative, destructive ideas.

When we follow Paul's directions, we are brought unfailingly into constructive action with its good results. We do not set the reverse button of our car when we wish to move forward. Neither do we think on the reverse of good when we choose to grow toward the kingdom of God.

♣ Think on these things .- PHIL. 4:8.

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Monday

"I WILL NOW SAY, PEACE BE WITHIN THEE."

PEACE IS a word with wonderful meaning. It is a word potent with power when spoken in the name of Jesus Christ. It is a word that can still the storm. It is a word that can tranquilize the tormented. It is a word that can be used in any and every situation where there is a need.

We can speak peace to ourselves when we find our thoughts disturbed and confused, and we will become calm and composed. We can speak peace to our body when there are pain and discomfort, and our body will respond with relaxation and ease. We can speak peace to our affairs when we do not know in which direction to turn for help, and we will find a serenity that allows us to follow our spiritual inspiration.

Peace, spoken in the name of Jesus Christ, can be felt in the deepest part of man's feeling nature, in every organ and function of man's body temple, in every phase of man's life and affairs, in all of man's world.

Let us speak peace today wherever peace is needed; let us speak it in the name of Jesus Christ.

♣ I will now say, Peace be within thee.—PSALMS 122:8.

Tuesday

I AM SPIRIT, AGELESS, DEATHLESS, ETERNAL.

ATHER THAN think of ourselves as limited in strength or vitality, let us think of ourselves as filled with the inexhaustible life of God. Rather than allow ourselves to fall into the habit of saying, "at my age," let us know that we are Spirit, ageless, deathless, eternal.

We need to allow the life of God to flow freely in and through us. We keep ourselves in the stream of life; we partake continually of the renewing, recreating life of God as we maintain a contact with our source. We deny God and His power when we think that we are weak or lifeless. We affirm God and His power when we know that the miracle and the mystery of life is hidden within the smallest cell.

Appearances may try to distract us, but let us look beyond the appearances and keep our vision single to the good, single to the true nature of life, the nature of the body, the nature of God. We are not material but spiritual. Our body is meant to show forth the radiant life of God.

We are Spirit, ageless, deathless, eternal.

• If therefore thine eye be single, thy whole body shall be full of light .- MATT. 6:22.

A WELCOME GRADUATION GIFT

If you have a young graduate in your family, a gift that will be most welcome is a subscription for Progress, the magazine youth turns to.

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One teen-ager says of Progress: "I will always be grateful to the friend who sent me my first year's subscription to this magazine. It has been an inspiration to my life, and I don't know

how any teen-ager does without it."



Each monthly issue of Progress presents articles of practical advice on the problems confronting young people today. The June number, for example, includes an article by Pauline French Stacy entitled "Do You Make Friends Easily?" It explores the reasons for popularity and gives suggestions for becoming more popular with others. The June number also includes Helen L. Renshaw's "Round Hole, Square Peg," which will help young people choose the work they want to do.

In addition to up-to-the-minute articles, Progress presents excellent stories, fine photographs, poems, and interesting feature departments. Progress is priced at only \$2 for a full year's subscription, which includes twelve fascinating

and helpful issues.

UNITY SCHOOL OF CHRISTIANITY LEE'S SUMMIT. MISSOURI

UNITY'S SEVENTY YEARS of Faith and Works

This year is Unity's seventieth anniversary and it seems fitting at this time that a sort of "progress report" should be made on the service Unity is rendering to people today, and the spiritual faith that makes this service possible.

Unity is a structure of faith—the faith of the Fillmores who founded it, the faith of the writers who put Truth ideas into words, the faith of the workers who carry on the services of Unity, and the faith of millions of Unity friends praying and giving of their substance for this work of spirit.

A New Unity Book!

A new Unity book has now been prepared to show the structure of Unity in its entirety, with both pictures and text. In keeping with its significance, the new book is approximately $8\frac{1}{2}$ by 11 inches in size, handsomely printed and bound, a de luxe volume in every way. It is entitled Unity's Seventy Years of Faith and Works.

As you turn the pages of this book you will read of the successful efforts of the Fillmores to achieve physical wholeness through faith, and you will be quickened and renewed with a sense

of God as healing, life-giving power.

As you look at pictures like the one on the next page (of one of the first homes of Unity), and then turn to the beautiful colored photos of Unity Village today, your heart will lift with warm realization of God as substance.

As you read the finest articles of the bestknown Unity authors, you will receive new understanding of God as illumination and discover new ways to use His wisdom in your life.

And as you read the statements of men and women who have found help through the various departments of Unity—Silent Unity, the radio and television work, the Braille department, Silent-70, and others—you will be happy to be a part of this spiritual service that draws together so many persons all over the world in a mighty circle of prayer and faith.

Unity's Seventy Years of Faith and Works includes many unique articles and pictures that cannot be obtained in any other book. Boxed,

the book is priced at \$5 a copy.

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One of the first homes of Unity (Charles Fillmore, center). One picture of the many in the new book.

UNITY SCHOOL OF CHRISTIANITY

HAWAII VACATION THROUGH PROSPERITY BANK PLAN

"Ever since I started using the Prosperity Bank, good has happened in my life," writes a Unity friend in Alabama. "I know we are getting to take this trip to Hawaii because of my use of the Bank. God has been good to me and my family and I only give Him back a small portion of what is His."

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life? Just mail the coupon below.

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UNITY SCHOOL OF CHRISTIANITY

There Is a Light That Shines for You

You need never feel alone—not even on the darkest night. Silent Unity is no farther from you than a prayer's length.

In a room of a building in Unity Village where a light is shining from a window someone is praying, someone with a spirit kindred to your own, someone whose thoughts reach out to you in faith, someone whose heart reaches out to you in love. The light in this window shines for you.

Silent Unity is as the Christ light lit in the window of the world. If you are a traveler on the road of prayer, this light shines for you.

